



**INSULIN
 DIARY**



I am a diabetic on insulin.

If I am unwell please give me sugar – eg 2 of the glucose tablets I am carrying or sweets or a sugary drink. If I am unconscious, please don't give me anything. Just call a doctor or ambulance.

- F** J'ai le diabete **D** Ich habe Diabetes
- I** lo ho il diabete **P** Eu Tenho Diabetes
- E** Yo tengo diabetes **S** Jag har diabetes
- GR** Εχω διαβητή **TR** Seker hastasiyim

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